

# THE CHAG LOG

Your Spiritual Diary  
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**Fill out these pages for a few months and you'll notice a definite difference in yourself.  
Fill them out for a couple of years and you'll have a hard time remembering how you used to be."**

**Please note:** This copy of **The Chag Log** is laid out only according to the Jewish year. Therefore, you will need to make the following adjustments, depending on the year:

1. Some months in the Jewish calendar are always chosair (lacking) every year, that is, they contain only 29 days; some months are always molei (full), that is, they contain 30 days every year; and some months will be chosair or molei, depending on the year. When a month is chosair, there is only one day of Rosh Chodesh – the first day of the next month. When a month is molei, there are two days of Rosh Chodesh – the 30<sup>th</sup> day of the current month and the first day of the next month. For those months that can be either chosair or molei depending on the year, we have printed both day 30 of that month and the first day of the next month as being Rosh Chodesh. If, in the current year, the month is chosair, please disregard day 30 altogether.
2. In a year when there are two Adars, Taanis Esther and Purim occur in the second Adar. During those years, please ignore the mention of these holidays during the first Adar.
3. Minhag Sefardim is to say Selichos all of the month of Elul, starting on the second day of the month. According to minhag Ashkenazi, Selichos are said at least for four days before Rosh HaShonah, and at most for seven days before Rosh HaShonah. We have placed our Selichos "vort" only on the second day of Elul and on each of the seven days before Rosh HaShonah. Depending on the year and your minhag, please add or delete those "vorts" accordingly.
4. We are unable to place the following paragraph for Shabbos in its appropriate place every week. Try to remember to read it every Shabbos, regardless.

Feel closer to Hashem today. Deliberately sense the difference between Shabbos and the other days of the week, and sense the difference between ruchnius and gashmius. Connect with the Source Of Life and feel the shefa coming down from Shomaim onto you without so many things getting in the way. Decide to and ask Hashem to help you to be able to bring some of the kedushah, some of the calmness, some of the centeredness and some of the connectedness of Shabbos into the coming week.<sup>1</sup>

<sup>1</sup> (Kedushas Levi, parshas Ki Sisa, s.v. Vayomar Hashem) On Shabbos...the light and the kedushah that comes, from Above, to within the hearts of people, and the spirit of holiness and new understanding and spiritual life that comes from the Upper World.... And behold, a person should truly look forward to the gift of Shabbos all the days of the week, to the kedushah and the life that comes to a person. And it truly requires great preparation for Shabbos all the six days of the week. And according to how much he prepares, so will be his attainment.... When the holiness of Shabbos comes, then HaKadosh Baruch Hu lights up for the person a great enlightenment from the Hidden Worlds and lights up the soul of the person, and through this, the soul can return to its root. And this is the "good gift," for through a person keeping Shabbos according to halachah, then forgiveness comes to all his sins.

<p><b>תשרי</b> <b>א</b> <b>Rosh Hashonah</b> <b>Day One</b></p>	<p>Deliberately think of Hashem today as many times as you can. Talk to Him and tell Him, out loud, that He is your King. Tell Him that He needs to help you become His more loyal and more devoted subject. Thank Him for all that He has already done for you and for all that He has yet to do for you. Gratefully revel in your slave and child status with Him; and while you do, try to really realize both what it means to be Hashem's slave and what it means to be His child, and to what those two states entitle you and obligate you. ("Because so we find with the children of Kings that they cut their hair every Erev Shabbos." (Nazir 5a))</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תשרי</b> <b>ב</b> <b>Rosh Hashonah</b> <b>Day Two</b></p>	<p>Deliberately think of Hashem today as many times as you can. Talk to Him and tell Him, out loud, that He is your King. Tell Him that He needs to help you become His more loyal and more devoted subject. Thank Him for all that He has already done for you and for all that He has yet to do for you. Gratefully revel in your slave and child status with Him; and while you do, try to really realize both what it means to be Hashem's slave and what it means to be His child, and to what those two states entitle you and obligate you. ("Because so we find with the children of Kings that they cut their hair every Erev Shabbos." (Nazir 5a))</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תשרי</b> <b>ג</b> <b>TZOM GEDALIAH</b> <b>ASERES YOMEI TESHUVAH</b></p>	<p>Let the lack of food today help you to gain humility and inward-directedness (penimius). Truly and permanently regret and be embarrassed over your failings, rebellions and all the small (or big, chos v'shalom) ways you belittle the mind-boggling importance of the Torah and its mitzvos. Let your decrease of energy today help you to go inside yourself and to step back a bit from your attachment to and involvement with the things outside of you, and by so doing get closer to Hashem.</p> <p>Take some specific time on each one of these days and talk very seriously with Hashem about your relationship with Him, about your relationship with other people, and about your life in general. These ten days are the days in which an unfavorable decree against an individual person can be torn up. Therefore, make yourself both into someone whom Your Father, The One Who Created you, the King Of Kings, The One Who Knows all your thoughts and all your desires and everything that you do and have done, will want to forgive and someone to whom He will want to be close.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;"><b>ד</b></p> <p style="text-align: center;"><b>ASERES YOMEI TESHUVAH</b></p>	<p>Take some specific time on each one of these days and talk very seriously with Hashem about your relationship with Him, about your relationship with other people, and about your life in general. These ten days are the days in which an unfavorable decree against an individual person can be torn up. Therefore, make yourself both into someone whom Your Father, The One Who Created you, the King Of Kings, The One Who Knows all your thoughts and all your desires and everything that you do and have done, will want to forgive and someone to whom He will want to be close.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)</p> <p>In what ways did Hashem test you or correct you today?</p> <p>In what ways did Hashem afflict you today?</p> <p>In what ways did Hashem take care of you today?</p> <p>What new awarenesses did you have today?</p> <p>What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;"><b>ה</b></p> <p style="text-align: center;"><b>ASERES YOMEI TESHUVAH</b></p>	<p>Take some specific time on each one of these days and talk very seriously with Hashem about your relationship with Him, about your relationship with other people, and about your life in general. These ten days are the days in which an unfavorable decree against an individual person can be torn up. Therefore, make yourself both into someone whom Your Father, The One Who Created you, the King Of Kings, The One Who Knows all your thoughts and all your desires and everything that you do and have done, will want to forgive and someone to whom He will want to be close.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)</p> <p>In what ways did Hashem test you or correct you today?</p> <p>In what ways did Hashem afflict you today?</p> <p>In what ways did Hashem take care of you today?</p> <p>What new awarenesses did you have today?</p> <p>What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;"><b>ז</b></p> <p style="text-align: center;"><b>ASERES YOMEI TESHUVAH</b></p>	<p>Take some specific time on each one of these days and talk very seriously with Hashem about your relationship with Him, about your relationship with other people, and about your life in general. These ten days are the days in which an unfavorable decree against an individual person can be torn up. Therefore, make yourself both into someone whom Your Father, The One Who Created you, the King Of Kings, The One Who Knows all your thoughts and all your desires and everything that you do and have done, will want to forgive and someone to whom He will want to be close.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)</p> <p>In what ways did Hashem test you or correct you today?</p> <p>In what ways did Hashem afflict you today?</p> <p>In what ways did Hashem take care of you today?</p> <p>What new awarenesses did you have today?</p> <p>What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;"><b>ט</b></p> <p style="text-align: center;"><b>EREV YOM KIPPUR</b></p>	<p>Try to take today very seriously – more seriously than you have in the past. And try to stay serious for the whole day, while you do each thing that you need to do today, no matter how big or small. For if you have done teshuvah properly, any bad decree that was decreed against you on Rosh HaShonah will be torn up tomorrow – but if you haven't, it won't be. And if it is not torn up, you will have to live through its consequences sometime during this year. And also, make sure you seriously exert yourself to appease anyone whom you may have wronged or slighted during the past year, for tomorrow will not atone for those sins, and you will have to pay for them. Of course, you'll say you're working as hard as you can on everything already. But nevertheless, take it even more seriously and work even harder – for your well-being depends on it. And if that's not enough of a reason for you, then do it for our sakes, for since we are all interdependent, the better you get, the easier it is for each one of us to get better as well.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)</p> <p>In what ways did Hashem test you or correct you today?</p> <p>In what ways did Hashem afflict you today?</p> <p>In what ways did Hashem take care of you today?</p> <p>What new awarenesses did you have today?</p> <p>What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;">י</p> <p style="text-align: center;"><b>YOM KIPPUR</b></p>	<p>Feel humility – and regret – and smallness – and love of Hashem – and fear of Hashem – and especially grief over the spiritual and interpersonal damage that your bad middos, bad thoughts, bad desires and bad actions have caused and will continue to cause if you don't convince Hashem that you really are worthy of Him helping you to finally correct them. Feel the joy that comes from being a Jew. Realize how much Hashem cares for you, looks out for you and takes care of you – and how He waits for you and always will wait for you with open arms, no matter how much closer to Him you still need to get.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)</p> <p>In what ways did Hashem test you or correct you today?</p> <p>In what ways did Hashem afflict you today?</p> <p>In what ways did Hashem take care of you today?</p> <p>What new awarenesses did you have today?</p> <p>What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;">יא</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)</p> <p>In what ways did Hashem test you or correct you today?</p> <p>In what ways did Hashem afflict you today?</p> <p>In what ways did Hashem take care of you today?</p> <p>What new awarenesses did you have today?</p> <p>What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;">יב</p>	<p>Two days ago was Yom Kippur. Try to remember what you experienced two days ago – and what you prayed for – and which of your difficulties you fervently asked Hashem to help you overcome. The excitement and hyper-activity that comes with your doing all the fun things that you need to do during these days of preparing for Succos can easily make you forget where you stood just a couple of days ago. During these Days of Excitement, remembering what you thought about during the Days of Judgment can consolidate your attainments of Yom Kippur and make you go even higher.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)</p> <p>In what ways did Hashem test you or correct you today?</p> <p>In what ways did Hashem afflict you today?</p> <p>In what ways did Hashem take care of you today?</p> <p>What new awarenesses did you have today?</p> <p>What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;">יג</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)</p> <p>In what ways did Hashem test you or correct you today?</p> <p>In what ways did Hashem afflict you today?</p> <p>In what ways did Hashem take care of you today?</p> <p>What new awarenesses did you have today?</p> <p>What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>תשרי</b> <b>יד</b> <b>Erev</b> <b>Succos</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תשרי</b> <b>טו</b> <b>Succos</b> <b>Day 1</b></p>	<p>Succos is a week filled with family, friends, neighbors and so many other Jews. It's a time to show Hashem how happy you are for all the myriad of good that He does for you, and to share that happiness with all the many people with whom you will come in contact during this week. Let sitting in your succah help to increase your real belief in and reliance on Hashem. Soak up the spiritual shefa that comes to you from Above through the Succah, the schach and the Arba Minim. And feel the joy that comes from being part of clal Yisrael.</p> <p><b>Each Day's Ushpizin:</b> We are taught that we need to ask "When will my actions approach those of the Avos?" (Yalkut Shimoni, V'Eschanon, remez 830). We are also taught that each day of Succos the Seven Tzaddikim (Avraham Avinu, Yitzchak Avinu, Yaakov Avinu, Moshe Rabbeinu, Aharon HaCohen, Yosef HaTzaddik and Dovid HaMelech) sit with us during our meals in the Succah. Today, Avraham Avinu sits at the head of the Seven Tzaddikim. What can you say to him, as you compare your life to his? Tell him as he sits there with you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תשרי</b> <b>טז</b> <b>Succos</b> <b>Day 2</b></p>	<p><b>Each Day's Ushpizin:</b> We are taught that we need to ask "When will my actions approach those of the Avos?" (Yalkut Shimoni, V'Eschanon, remez 830). We are also taught that each day of Succos the Seven Tzaddikim (Avraham Avinu, Yitzchak Avinu, Yaakov Avinu, Moshe Rabbeinu, Aharon HaCohen, Yosef HaTzaddik and Dovid HaMelech) sit with us during our meals in the Succah. Today, Yitzchak Avinu sits at the head of the Seven Tzaddikim. What can you say to him, as you compare your life to his? Tell him as he sits there with you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>תשרי</b> <b>יז</b></p> <p style="text-align: center;"><b>Succos</b> <b>Day 3</b></p>	<p>Notice that during these days of Chol HaMoed you feel an increased kedushah and attachment to Hashem while you're involved in everyday activities. Sense that it's easier than it normally is for you to extract your thoughts, feelings and actions from foreign influences and the outside world, and to attach them to Hashem. Notice that you feel differently, act differently and react differently during these days. Therefore, realize what working on being more permanently attached to Hashem can mean for you and for the people with whom relate.</p> <p><b>Each Day's Ushpizin:</b> We are taught that we need to ask "When will my actions approach those of the Avos?" (Yalkut Shimoni, V'Eschanon, remez 830). We are also taught that each day of Succos the Seven Tzaddikim (Avraham Avinu, Yitzchak Avinu, Yaakov Avinu, Moshe Rabbeinu, Aharon HaCohen, Yosef HaTzaddik and Dovid HaMelech) sit with us during our meals in the Succah. Today, Yaakov Avinu sits at the head of the Seven Tzaddikim. What can you say to him, as you compare your life to his? Tell him as he sits there with you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b> <b>יח</b></p> <p style="text-align: center;"><b>Succos</b> <b>Day 4</b></p>	<p><b>Each Day's Ushpizin:</b> We are taught that we need to ask "When will my actions approach those of the Avos?" (Yalkut Shimoni, V'Eschanon, remez 830). We are also taught that each day of Succos the Seven Tzaddikim (Avraham Avinu, Yitzchak Avinu, Yaakov Avinu, Moshe Rabbeinu, Aharon HaCohen, Yosef HaTzaddik and Dovid HaMelech) sit with us during our meals in the Succah. Today, Moshe Rabbeinu sits at the head of the Seven Tzaddikim. What can you say to him, as you compare your life to his? Tell him as he sits there with you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b> <b>יט</b></p> <p style="text-align: center;"><b>Succos</b> <b>Day 5</b></p>	<p>Lots of singing, lots of dancing, lots of going and lots of doing. Try to make sure you keep HaKadosh Baruch Hu with you in all that you do (although, if you notice, it will be easy for you to forget all about Him), and also try to remember to be considerate of the neighbors and everyone else while you're enjoying yourself.</p> <p><b>Each Day's Ushpizin:</b> We are taught that we need to ask "When will my actions approach those of the Avos?" (Yalkut Shimoni, V'Eschanon, remez 830). We are also taught that each day of Succos the Seven Tzaddikim (Avraham Avinu, Yitzchak Avinu, Yaakov Avinu, Moshe Rabbeinu, Aharon HaCohen, Yosef HaTzaddik and Dovid HaMelech) sit with us during our meals in the Succah. Today, Aharon HaCohen sits at the head of the Seven Tzaddikim. What can you say to him, as you compare your life to his? Tell him as he sits there with you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;"><b>ו</b></p> <p style="text-align: center;"><b>Succos</b> <b>Day 6</b></p>	<p><b>Each Day's Ushpizin:</b> We are taught that we need to ask "When will my actions approach those of the Avos?" (Yalkut Shimoni, V'Eschanon, remez 830). We are also taught that each day of Succos the Seven Tzaddikim (Avraham Avinu, Yitzchak Avinu, Yaakov Avinu, Moshe Rabbeinu, Aharon HaCohen, Yosef HaTzaddik and Dovid HaMelech) sit with us during our meals in the Succah. Today, Yosef HaTzaddik sits at the head of the Seven Tzaddikim. What can you say to him, as you compare your life to his? Tell him as he sits there with you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b></p> <p style="text-align: center;"><b>כא</b></p> <p style="text-align: center;"><b>Hoshanah</b> <b>Rabbah</b></p>	<p><b>Hoshanah Rabbah</b> is the day when the final, sealed verdict about us is delivered, and therefore we say many, many prayers of Hoshana ("Save, please!") today to beseech Hashem that He save us. If we've done teshuvah properly since the beginning of Elul, according to our own level, we don't have so much to worry about. If we haven't, much prayer and honest returning to Hashem from now on can ameliorate any bad judgment that has been passed against us, but the Aseres Yomei Teshuvah – which are the days when a bad decree against an individual can be torn up – have already passed (the rest of the year only a decree against the community as a whole can be torn up, a decree against an individual can only be ameliorated). But until the verdict is irrevocably delivered today, we still have more than just a glimmer of hope.</p> <p>Today is also the last day of Succos. When you say goodbye to the succah today, realize that once Succos is over it's going to be much harder for you to soak up the shefa coming down from above, for the succah has acted like a funnel to channel the shefa onto you. During the long, dark winter ahead (once the joy and light from Simchas Torah has been forgotten) you are going to have to strain and struggle to create your own funnels – until you can once again benefit from the light of Chanukah, and then the concentrated and intense joy of Purim, and then the geulah of Pesach (not to mention the kedushah and diveikus of each Shabbos as it comes along).</p> <p><b>Each Day's Ushpizin:</b> We are taught that we need to ask "When will my actions approach those of the Avos?" (Yalkut Shimoni, V'Eschanon, remez 830). We are also taught that each day of Succos the Seven Tzaddikim (Avraham Avinu, Yitzchak Avinu, Yaakov Avinu, Moshe Rabbeinu, Aharon HaCohen, Yosef HaTzaddik and Dovid HaMelech) sit with us during our meals in the Succah. Today, Dovid HaMelech sits at the head of the Seven Tzaddikim. What can you say to him, as you compare your life to his? Tell him as he sits there with you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>תשרי</b> <b>כב</b></p> <p><b>Shemini Atzeres</b></p> <p><b>Simchas Torah</b></p>	<p><b>Shemini Atzeres:</b> Succos is over. By all rights, we should be back to our mundane, everyday life today. But instead, Hashem gives us one more day of Yom Tov, Shemini Atzeres, as a special added gift. To paraphrase the gemora (Succah 55b), Hashem enjoys His closeness to us so much during Succos that He wants us to stay with Him one more day, so He gives us the Yom Tov of Shemini Atzeres to keep us with Him. Therefore, today, thank Hashem for His being close to you and for His wanting you to stay with Him. And ask Him to help you be the kind of person to whom He will always want to be close.</p> <p><b>Simchas Torah:</b> The joy that is always hidden and waiting for us in the Torah comes alive today as we proudly show off our love for the Torah. And oh how happy it makes us to let it out! Where else but in the Torah can you find such elation? Search where you may, you will find that every happiness that comes from something other than the Torah is just dimione (make believe) and sheker (falseness). What lucky people we are.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b> <b>כג</b></p> <p><b>Isru Chag (Simchas Torah)</b></p>	<p>Today is a little bit of a holiday. Read over what you wrote in these pages since the beginning of the Three Weeks, when the past 3 months of self-examination and teshuvah all began. See where you were, where you've gotten to after all your hard work during these months, and figure out where you still need to get to.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>תשרי</b> <b>כו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b> <b>כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b> <b>כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b> <b>כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>תשרי</b> <b>ל</b> <b>Rosh</b> <b>Chodesh</b> <b>Cheshvan</b> <b>Day One</b></p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>חשוון</b> <b>א</b> <b>Rosh</b> <b>Chodesh</b> <b>Cheshvan</b> <b>Day Two</b></p>	<p>Rosh Chodesh is very similar to a Yom Tov. The only practical difference is that we are allowed to work on it. But the prayers that we say on Rosh Chodesh are the same as those we say on Yom Tov (yaalo v'yavo, mussaf) and the korbonos brought in the Beis HaMikdash were (and will be) the same type and number.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>חשוון</b> <b>ד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשוון</b> <b>ה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>חשון</b> <b>ו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>חשון</b> <b>י</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון</b> <b>יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>חשון יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון יג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון יד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון טו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון טז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>חשון</b> <b>יח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>חשון</b> <b>כ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון</b> <b>כא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>חשון כד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון כה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון כו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>חשון כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>חשון כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"> <b>חשוון</b>  <b>ל</b>  <b>Rosh</b>  <b>Chodesh</b>  <b>Kislev</b>  <b>Day One</b> </p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>כסלו</b>  <b>א</b>  <b>Rosh</b>  <b>Chodesh</b>  <b>Kislev</b>  <b>Day Two</b> </p>	<p>Rosh Chodesh is very similar to a Yom Tov. The only practical difference is that we are allowed to work on it. But the prayers that we say on Rosh Chodesh are the same as those we say on Yom Tov (yaalo v'yavo, mussaf) and the korbonos brought in the Beis HaMikdash were (and will be) the same type and number.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>כסלו</b>  <b>ב</b> </p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>כסלו</b>  <b>ג</b> </p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>כסלו</b>  <b>ד</b> </p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>כסלו ה</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>כסלו ו</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>כסלו ז</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>כסלו ח</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>כסלו ט</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>כסלו י</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>כסלו</b> <b>יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>יג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>יד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>טו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>טז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>כסלו</b> <b>ז'</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>ח'</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>ט'</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>כ'</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>כ"א</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>כסלו</b> <b>כ"ב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>כסלו</b> <b>גכ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>כסלו</b> <b>דכ</b></p> <p style="text-align: center;"><b>Erev Chanukah</b></p>	<p>The battle and victory of Chanukah was not a one time event, like it was on Purim. The battles of Chanukah started years before the miracle happened with the oil, and they continued for years afterwards, until the Jews were finally in control of the Eretz Yisrael. Therefore, we can expect our personal experience during Chanukah to be the same. We will be battling the same spiritual battles we have been battling up till now, and we will be battling them after Chanukah is over as well. And even though we will be able to use this special time of Chanukah to make advances on these battles, the victory won't be final and complete – although it can be startling, significant and miraculous, nonetheless. Start to feel yourself building up for the fight that you will be waging over the 8 days starting at sundown. Specifically define in which areas your battle will be waged. Prepare yourself to be on the lookout over the next 8 days for your struggles, your victories and your salvations, all accompanied by a daily increase in light from Hashem, love from Hashem, and closeness from Hashem.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>כסלו</b> <b>הכ</b></p> <p style="text-align: center;"><b>Chanukah 1<sup>st</sup> day</b></p>	<p>One light. The beginning. It's enough to drive out some of the darkness. It's a sign that there's more to come. Keep your eye open for the advances you will make on all your battlefronts as these days unfold before you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>כסלו</b> <b>וה</b></p> <p style="text-align: center;"><b>Chanukah 2<sup>nd</sup> day</b></p>	<p>Be on the lookout, during these days, for the occurrence of all those things that we say in Al Hanisim (there are more things listed in nusach Sefard than in nusach Ashkenaz) – namely, keep an eye out for the Nisim (miracles), and for the Purkan (salvation), and for the Gevuros (mighty deeds), and for the Teshuos (deliverances), and for the Niflaos (wonders), and for the Nechamos (consolations) and for the Milchamos (battles) that will be happening to you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>לול</b> <b>ל</b></p> <p style="text-align: center;"><b>Chanukah</b> <b>3rd day</b></p>	<p>On erev Chanukah, we asked you to define those spiritual areas in which you wage your battles. Take a reading today on how the wars are going, and note any changes that have occurred inside you since Chanukah began.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>לול</b> <b>ל</b></p> <p style="text-align: center;"><b>Chanukah</b> <b>4<sup>th</sup> day</b></p>	<p>We say at the end of Al HaNisim that the Chashmonayim went into the innermost chambers of the Beis HaMikdash, cleared out the Sanctuary, purified the holy place, and lit lights in its holy courtyards. Just as they did in the Beis HaMikdash, so must you do in your own heart during these days of Chanukah – go inside your heart, clear it out, purify it and light lights within it.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>לול</b> <b>ל</b></p> <p style="text-align: center;"><b>Chanukah</b> <b>5th day</b></p>	<p>By now you should be feeling pretty good as you realize the progress you've made in your spiritual battles over these last five days. There's more yet to come. Tomorrow, Rosh Chodesh, is also a special day in its own right.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>כסלו</b></p> <p><b>ל</b></p> <p><b>Rosh Chodesh Teves Day One</b></p> <p><b>Chanukah 6th day</b></p>	<p>Any time you feel that you're losing ground to the enemy in your battles, or even if you feel that you're not making enough headway fast enough, hum Maoz Tzur to yourself as a battle song. You'll find that it will easily drive the enemy away. You can also use it after Chanukah is over to reverse any downward trend you might experience.</p> <p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>טבת</b></p> <p><b>א</b></p> <p><b>Rosh Chodesh Teves Day Two</b></p> <p><b>Chanukah 7<sup>th</sup> day</b></p>	<p>The Sfas Emes says ("For Chanukah", year 650, s.v. kavum) that when Hashem is kind to you and elevates you in any way (like in your battle victories of these days), you must make sure that brings you to greater submission to Him. Only when your happiness brings you to greater submission and fear of Hashem will your advances be permanent. He adds that this idea is expressed in the conflicting opinions of Beis Shammai and Beis Hillel (Shabbos 21b). Beis Shammai says we should start with 8 Chanukah candles and <i>decrease</i> the number by one each day, whereas Beis Hillel says we should start with 1 candle and <i>increase</i> the number by one each day. Beis Shammai is the doctrine of constriction, represented by fear and submission; Beis Hillel is that of expansion, represented by kindness and happiness. Both opinions are true and need to occur together – with each day of Chanukah, as you become happier with your victories and in your service of Hashem, you need also to become more submissive to and fearful of Him.</p> <p>Rosh Chodesh is very similar to a Yom Tov. The only practical difference is that we are allowed to work on it. But the prayers that we say on Rosh Chodesh are the same as those we say on Yom Tov (yaalo v'yavo, mussaf) and the korbonos brought in the Beis HaMikdash were (and will be) the same type and number.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>טבת</b> <b>ב</b></p> <p><b>Chanukah</b> <b>8<sup>th</sup> day</b> <b>זאת חנוכה</b></p>	<p>Today is called “Zos Chanukah,” which, in Hebrew, means “This is Chanukah.” One reason it might be called that is as a way of answering the gemora’s question (Shabbos 21b) of “What is Chanukah?” After having sensed, over these last eight days, the battles, the victories, the consolations, the salvations, the wonders and the miracles, great and small; after having experienced the cleaning out and the purifying of the “inner courtyards” of your heart and of your mind, and the lighting of lights within both your heart and your mind; after having thanked and praised Hashem for all these momentous events, and after having become closer and more submissive to Him – now you can answer the gemora’s question and say, “<b>This</b> is Chanukah!”</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn’t have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>ג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn’t have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>ד</b></p>	<p>Don’t you feel different? Take stock of what effect Chanukah had on you. In what ways do you feel stronger? How are you relating differently with your world than you did before Chanukah? Of course, you’re still battling your battles, but you’re doing it from a higher vantage point. The battle is easier. In six more days we will have a fast day, the Tenth of Teves, on which you will be able to internalize these gains that you made and make them an irremovable part of yourself. The fast day helps you do that because of the humility and the “going inside yourself” that the lack of food causes in you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn’t have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>ה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn’t have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>טבת</b> <b>ו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>ז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>ח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>ט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>י</b></p> <p><b>Fast of the Tenth of Teves</b></p>	<p>Today we commemorate: (1) the forced translation of the Torah into Greek on the 8<sup>th</sup> of Teves, (2) the death of Ezra, the sofer (scribe), and Nechemiah, who both died on the 9<sup>th</sup> of Teves, and (3) Nebuchadnetzar's beginning the seige of Yerushalayim on the 10<sup>th</sup> of Teves, which led to the destruction of the First Beis HaMikdash 18 months later. The Selichos tell us that it was actually Hashem who had brought the siege because we had stumbled into sin, our days had been filled with bad deeds, we had forgotten all the goodness that Hashem had done for us and He was weary of forgiving us. Let the lack of food today help you to gain humility and inward-directedness (penimius) so you can "go inside yourself" to see how you can correct those causes in yourself. Truly regret and be embarrassed over your failings, rebellions and all the small (or big, chos v'shalom) ways you belittle the mind-boggling importance of the Torah and Its mitzvos. Let the fast help you to step back from your involvement with the things outside of you, and by so doing get closer to Hashem.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>טבת</b> <b>יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>יג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>יד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>טו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>טז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

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<p style="text-align: center;"><b>טבת</b> <b>יח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>יט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>כ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>כא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>כב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>טבת</b> <b>כג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>כד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>כה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>טבת</b> <b>כו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>טבת</b> <b>כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>טבת</b> <b>כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט</b> <b>א</b> <b>Rosh</b> <b>Chodesh</b> <b>Shevat</b></p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט</b> <b>ב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט</b> <b>ג</b></p>	<p>If you've been experiencing a "down" recently and maybe even, chos v'shalom, have been feeling like there's no hope for you or maybe even that Hashem has abandoned you, chas v'shalom – never fear! Before every "up" there has to be a "down." The Baal Shem Tov likened it to throwing a ball: the higher up you want to throw it, the farther down you first have to lower your hand. Purim is coming up soon. You will get a big boost from it. And everything that's happening to you now is all in preparation for your personal geulah during Pesach and beyond. The "down" is necessary. Use it. Don't try to get rid of it. Use it to correct yourself and to improve yourself. Use it to direct all your attention to Hashem. The goal of life is to be connected to Hashem, and it's much easier for humans to do it when things aren't going so well for them. Keep working, keep repeating "Gam Zu L'Tovah," remember to hum Maoz Tzur to yourself<sup>1</sup> (see The Sixth Day of Chanukah), and watch and see.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>שבט ד</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>שבט ה</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>שבט ו</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>שבט ז</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>שבט ח</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>שבט ט</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>שבט</b> <b>י</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט</b> <b>יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט</b> <b>יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט</b> <b>יג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט</b> <b>יד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט</b> <b>טו</b>  Tu B'Shevat</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>שבט טז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט יז</b></p>	<p>Can you feel the rumblings of your geulah yet? You probably can, because they've already started. Purim's coming soon. It will be like your first stage rocket. The countdown has already begun. There's no going back. The buttons have all been pressed, the automatic launch mechanism has been activated. Maybe what's coming to you this year through Purim, Pesach, Sefiras HaOmer and Shavuot won't be your Geulah-to-end-all-geulahs, but it will be the biggest one you've had so far (and who knows...?). Keep striving, keep struggling, keep consolidating and hold on for the coming ride. Try to figure out in which areas and to what extent your personal geulah will be this year.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט יח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט יט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>שבט כ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>שבט כא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>שבט כב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>שבט כג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>שבט כד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>שבט כה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>שבט כו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>שבת</b> <b>כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>שבת</b> <b>כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>שבת</b> <b>כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>שבת</b> <b>ל</b> <b>Rosh</b> <b>Chodesh</b> <b>Adar</b> <b>Day One</b></p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר</b> <b>א</b> <b>Rosh</b> <b>Chodesh</b> <b>Adar</b> <b>Day Two</b></p>	<p>Rosh Chodesh is very similar to a Yom Tov. The only practical difference is that we are allowed to work on it. But the prayers that we say on Rosh Chodesh are the same as those we say on Yom Tov (yaalo v'yavo, mussaf) and the korbonos brought in the Beis HaMikdash were (and will be) the same type and number.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אדר</b> <b>ב</b></p>	<p>Can you feel the excitement starting? Don't let it divert you from the work you need to do. Use it to spur you on to greater enthusiasm, motivation and commitment. But be careful! If the yetzer hora gets ahold of the excitement, it can cause you to lose a lot of valuable ground.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר</b> <b>ג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר</b> <b>ד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר</b> <b>ה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר</b> <b>ו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר</b> <b>ז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אדר ח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר ט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר י</b></p>	<p>If things haven't been going so well for you recently, learn more Torah. If you're worried about how things are going, squeeze Torah learning into every possible, permitted moment (and even into those moments that you think it's not possible to squeeze it). Your rescue will come.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אדר</b> <b>יג</b></p> <p><b>Taanis</b> <b>Esther</b></p>	<p>On this day many years ago, all the Jews were engaged in a three day fast of repentance from their having subtly slipped away from the Torah. During those three days, they reaffirmed their commitment to the Torah and Hashem saved them from being destroyed. Use today to figure out how you yourself are slipping away from the Torah and ask Hashem to help you come back.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר</b> <b>יד</b></p> <p><b>Purim</b></p>	<p>Blast off!! Your geulah-rocket has fired! Today you can experience a massive jump towards wiping out, from within yourself, your personal Amelek (the yetzer hora and non-frum influences), but you must keep yourself properly directed (like any good rocket). Use the power of today to help yourself decide to cling to the Torah in the way to which It deserves to be clung and to fulfill its mitzvos in the way they deserve to be fulfilled. Keep yourself detached from any of the foolish things that go on today, yet work on seeing the good even in what appears to be totally bad, in order to fulfill the expression "Ad shelo yoda."</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר</b> <b>טו</b></p> <p><b>Shushan</b> <b>Purim</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר</b> <b>טז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר</b> <b>יז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אדר יח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר יט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר כ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר כא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר כב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר כג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אדר כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר כה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר כו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אדר כט</b></p>	<p>Make a note of how you and your life appear to you now and what your interactions with the world are like. In just a couple of weeks from now, you're going to be feeling a lot different than you've been feeling recently. If you don't write it down now, you're going to forget how you are now and later on probably won't even believe that this is how you were.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר ל</b> Rosh Chodesh Adar Beis Day One</p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר ב'</b> א Rosh Chodesh Adar Beis Day Two</p>	<p>Rosh Chodesh is very similar to a Yom Tov. The only practical difference is that we are allowed to work on it. But the prayers that we say on Rosh Chodesh are the same as those we say on Yom Tov (yaalo v'yavo, mussaf) and the korbonos brought in the Beis HaMikdash were (and will be) the same type and number.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אדר ב'</b> ב</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>אדר ב' ג</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' ד</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' ה</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' ו</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' ז</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' ח</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>אדר ב' ט</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' י</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' יא</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' יב</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' יג Taanis Esther</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אדר ב' יד Purim</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אדר ב'</b> <b>טו</b></p> <p><b>Shusham Purim</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>טז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>יז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>יח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>יט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>כ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אדר ב'</b> <b>כא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>כב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>כג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>כד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>כה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>כו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אדר ב'</b> <b>כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אדר ב'</b> <b>כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן</b> <b>א</b> <b>Rosh</b> <b>Chodesh</b> <b>Nissan</b></p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן</b> <b>ב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>ניסן ג</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן ד</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן ה</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן ו</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן ז</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן ח</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>ניסן ט</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן י</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן יא</p>	<p>Things are getting pretty exciting, don't you think? But be careful. Don't let the yetzer horrah get ahold of the excitement and bring you down a madrega or two with it. Rather, you hold onto the excitement yourself, keep it inside you, and direct it up to Hashem, and by so doing, you'll find that it will carry you up a madrega or two along with it instead.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן יב</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>ניסן ג'</b></p> <p style="text-align: center;"><b>The Search for Chometz</b></p>	<p>Although you might think that it makes more sense to conduct the search for chometz with all the lights on in the house rather than with just one little candle, if you pay attention to what's happening while you're doing the bedikah (search), you'll see that the light from the candle makes you concentrate more intently on each spot that you're looking at. It makes you put your attention carefully on every place that you're looking at for a definite amount of time, so you can be sure that there is no chometz in that spot. If the lights were on, you'd search more generally and less intently.</p> <p>It might also be correct to say that the small light from the candle makes you put more of the light from your eyes onto each place in the house in order to illuminate it. Now, when you put the light from your eyes onto something, with the intention of doing good, you cause goodness to fall onto what you're looking at. During the bedikah, you do that to each spot in your house. It's like you, in your own limited way, are preparing each spot in your house by clearing away the bad from it and depositing your own personal goodness onto it, all in preparation for the unlimited Heavenly goodness that is soon to fall on you and your household when the Heavens open up on the first night of Pesach.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>ניסן ד'</b></p> <p style="text-align: center;"><b>Erev Pesach</b></p>	<p>Pesach is a time when you can experience a sudden deliverance from the conflicts and difficulties that have you enslaved. This ability will flood into you as a large, one-time gift during the Seder, and then each day thereafter you will have the opportunity to put into action part of that which will be newly stored within you. Take note today, before all of this happens to you, of your present spiritual condition. We will ask you to compare it to how you're going to be tomorrow and the days that follow. Unless you pay particular attention to these gains, they can dissipate from you over time without you ever realizing they were ever once inside you.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>ניסן טו</b></p> <p style="text-align: center;"><b>Pesach Day 1</b></p>	<p>The seder is a time of massive energy. All the matzah you have to stuff into your mouth, the painful bitterness of the horseradish, all the wine you have to force down your throat, all the words you have to say from the Haggadah. And you have to do it all! And while your attention is being taken up by all that's going on, you are getting, unbeknownst to you, a massive influx of spiritual energy. Therefore, during the day, after you've recovered somewhat from your physical and spiritual drunkenness, figure out in what ways you feel differently now than how you've been used to feeling.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>ניסן</b> <b>טו</b></p> <p><b>Pesach</b> <b>Day 2</b></p>	<p><b>Sefiras HaOmer:</b> (See our product, <b>The Sefiras HaOmer Chart</b>, which describes some of the work a person needs to do on each day of Sefiras HaOmer. Also, see our product idea, <b>The Identity Finder</b>, for a brief elaboration of how the Sefiros apply to one's middos.)</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן</b> <b>ז'</b></p> <p><b>Pesach</b> <b>Day 3</b></p>	<p>Notice that during these days of Chol HaMoed you feel an increased kedushah and attachment to Hashem while you are involved in everyday activities. Sense that it's easier than it normally is for you to extract your thoughts, feelings and actions from foreign influences and the outside world, and to attach them to Hashem. Notice that you feel differently, act differently and react differently during these days. Therefore, realize what working on being more permanently attached to Hashem can mean for you and for the people with whom relate.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן</b> <b>ח'</b></p> <p><b>Pesach</b> <b>Day 4</b></p>	<p>Don't you feel better than you did before Pesach? Don't you feel stronger, more consolidated, less scattered, calmer, more accepting of your difficulties, more attached to Hashem? Don't things seem more hopeful? And nothing's really even changed! It's all the same as it was! There are great lesson for you to learn from that! Take some time and figure out what they are.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן</b> <b>ט'</b></p> <p><b>Pesach</b> <b>Day 5</b></p>	<p>If you let them, these days of Chol HaMoed can teach you how to better serve Hashem.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)<sup>2</sup>          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>ניסן ו</p> <p><b>Pesach Day 6</b></p>	<p>The geulah and liberation that you are experiencing during Pesach won't eliminate your problems, just like how clal Yisrael was still faced with tests, problems and failures after leaving Mitzrayim. It will, however, allow you to face your challenges and problems from a different perspective, with greater strengths and firmer awarenesses.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן ז</p> <p><b>Pesach Day 7</b></p> <p><b>Shevii Shel Pesach</b></p>	<p>Commit yourself to trust and believe in Hashem 100% no matter what happens to you or how bleak things might sometimes look. Sing the praises of Hashem every chance you get. See how each fearful or painful situation is put there by Hashem in order to prepare you for and lead you to a higher madrega.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן ח</p> <p><b>Isru Chag (Yom Acharon shel Pesach)</b></p>	<p>On Isru Chag (the day after the chag), there is still some of the kedushah from Pesach still lingering around. See if you can daven today with the same cavannah that you had during the days of Pesach. Try to carry that cavannah with you into as many of the following days as you can.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן ט</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>ניסן י</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>ניסן כה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>ניסן ל</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>ניסן</b> <b>ל</b> <b>Rosh</b> <b>Chodesh</b> <b>Iyar</b> <b>Day One</b></p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אייר</b> <b>א</b> <b>Rosh</b> <b>Chodesh</b> <b>Iyar</b> <b>Day Two</b></p>	<p>Rosh Chodesh is very similar to a Yom Tov. The only practical difference is that we are allowed to work on it. But the prayers that we say on Rosh Chodesh are the same as those we say on Yom Tov (yaalo v'yavo, mussaf) and the korbonos brought in the Beis HaMikdash were (and will be) the same type and number.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אייר</b> <b>ב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אייר</b> <b>ג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אייר</b> <b>ד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>אייר ה</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר ו</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר ז</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר ח</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר ט</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר י</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אייר</b> <b>יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>יג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>יד</b></p> <p><b>Pesach Sheni</b></p>	<p>Pesach Sheni gives us a chance to remember Pesach and the changes it brought us one month ago. Use today to evaluate how your life, and your reaction to it, is proceeding in light of the gains you made during Pesach.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>טו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>טז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>אייר יז</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר יח Lag B'Omer</p>	<p>Feel the fire of Torah, the intensity of a spiritual existence, the light that comes from being part of clal Yisrael.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר יט</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר כ</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>אייר כא</p>	<p>One week from today starts the Sheloshes Yomei Hagbalah (the three days leading up to Shavuot). Please arrange your schedule so that on each of those three days you will be able to add one hour of additional Torah learning to the time you learned the day before.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אייר</b> <b>כב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>כג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>כד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>כה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>כו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אייר</b> <b>כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אייר</b> <b>כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>סיון</b> <b>א</b> <b>Rosh</b> <b>Chodesh</b> <b>Sivan</b></p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>סיון</b> <b>ב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>סיון</b> <b>ג</b> <b>SHELOSHES</b> <b>YOMEI</b> <b>HAGBALAH</b> (the three days leading up to Shavuot)</p>	<p>Add one hour of Torah learning today to the amount of time you normally learn each day.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"> <b>י"ו</b>  <b>ז</b>  <b>SHELOSHEH</b>  <b>YOMEI</b>  <b>HAGBALAH</b> </p>	<p>Add one hour of Torah learning today to the amount of time you learned yesterday (i.e., 2 hours more than usual).</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>י"ו</b>  <b>ח</b>  <b>SHELOSHEH</b>  <b>YOMEI</b>  <b>HAGBALAH</b>    <b>Erev</b>  <b>Shavuos</b> </p>	<p>Add one hour of Torah learning today to the amount of time you learned yesterday (i.e., 3 hours more than usual).</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>י"ו</b>  <b>ט</b>    <b>Shavuos</b> </p>	<p>The heavens open up for us today, just like they did when the Torah was first given on Har Sinai. It's not too difficult to feel it if you put your mind to it. You can use today's massive influx of shefa to implant the Torah permanently within you; to really accept the Torah and to make it the prime factor in your mind and in your life; and to get to where you really want to learn Torah and do mitzvos, and can sense their value and effect on you. Use today to sense the struggle that occurs within you between your Yetzer Tov and your yetzer hora when you try to learn Torah. Feel how high you can climb through non-stop learning. Realize how glad you are that Hashem gave us the Torah and that you accepted it.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>י"ו</b>  <b>י</b>    <b>(Yom</b>  <b>Acharon shel</b>  <b>Shavuos)</b> </p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;">סיון ח</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;">סיון ט</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;">סיון י</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;">סיון יא</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;">סיון יב</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;">סיון יג</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>סיון ד'</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון ט'</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון טז'</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון כז'</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון יח'</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון יט'</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p>סיון כ</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון כא</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון כב</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון כג</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון כד</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p>סיון כה</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>סיון</b> <b>כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>סיון</b> <b>כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>סיון</b> <b>כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>סיון</b> <b>כ"ט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>סיון</b> <b>ל</b> <b>Rosh</b> <b>Chodesh</b> <b>Tammuz</b> <b>Day One</b></p>	<p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>תמוז</b></p> <p><b>א</b></p> <p><b>Rosh Chodesh Tammuz Day Two</b></p>	<p>Rosh Chodesh is very similar to a Yom Tov. The only practical difference is that we are allowed to work on it. But the prayers that we say on Rosh Chodesh are the same as those we say on Yom Tov (yaalo v'yavo, mussaf) and the korbonos brought in the Beis HaMikdash were (and will be) the same type and number.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b></p> <p><b>ב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b></p> <p><b>ג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b></p> <p><b>ד</b></p>	<p>If you've been having a hard time of things lately, don't worry! That's the way things are supposed to be. As we said before Purim, "Before every 'up' there has to be a 'down.' The Baal Shem Tov likened it to throwing a ball: the higher up you want to throw it, the farther down you first have to lower your hand." Since the time from the month of Elul through Succos is a time of elevation and liberation, the months preceding that time have to be a time of descent and difficulty. As you become more aware of this phenomenon, you'll see that it happens to you year in and year out.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b></p> <p><b>ה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>תמוז</b> <b>ו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b> <b>ז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b> <b>ח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b> <b>ט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b> <b>י</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b> <b>יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>תמוז</b> <b>יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b> <b>יג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>תמוז</b> <b>יד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p><b>תמוז</b> <b>טז</b> Erev Three Weeks</p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>תמוז</b></p> <p style="text-align: center;"><b>ז'</b></p> <p><b>Fast of the 17<sup>th</sup> of Tammuz</b></p> <p><b>Start of The Three Weeks</b></p>	<p>Today we commemorate Moshe Rabbeinu breaking the luchos (tablets of the Ten Commandments) when he brought them down from Har Sinai and saw so many of the Jews worshipping the Golden Calf. It was also on this day that the walls of Yerushalayim were breached, the korbon tamid was unable to be brought, and Apostomus Ha'Rasha burned the Torah and placed an idol in the Heichal of the Beis Hamikdash. Our having acted improperly in the eyes of Hashem caused all these things to happen.</p> <p>Let the lack of food today help you to gain humility and inward-directedness (penimius) so you can "go inside yourself" to see how you can correct those causes in yourself. Truly regret and be embarrassed over your failings, rebellions and all the small (or big, chos v'shalom) ways you belittle the mind-boggling importance of the Torah and its mitzvos. Let today's fast help you to step back from your involvement with the things outside of you, and by so doing get closer to Hashem.</p> <p>Start to prepare yourself for the next three months (through the end of Succos) of examining and rearranging your actions and your thoughts, so that you can merit a real forgiveness from Hashem and honestly come out of it as a better person: closer to how Hashem and you want you to be.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p><b>תמוז</b> <b>כא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>תמוז</b> <b>זכ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p style="text-align: center;"><b>תמוז</b> <b>טט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אב</b> <b>א</b> <b>Rosh</b> <b>Chodesh Av</b></p> <p><b>Start of The</b> <b>Nine (and two</b> <b>thirds) Days</b></p> <p><small>The laws of The Nine Days actually last until chatzos hayom (usually somewhere around 12:45 P.M.) of the tenth of Av. (Orach Chaim 558:1 with Mishnah Brurah 3)</small></p>	<p>No showers and no clean clothes. Greasy hair and dirty body. All at the hottest time of the year. So that you'll remember, so that you'll be able to imagine, so that you'll realize – that we are in galus, that <b>WE ARE IN EXILE</b>, that <b>your</b> life is <b>NOT THE WAY IT'S SUPPOSED TO BE!!</b> So let the restrictions of these days bother you – don't just take them in stride. Let them make you feel uncomfortable! Get distressed! Let it sink in! Let them make you realize that the only way out is changing yourself.</p> <p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אב</b> <b>ב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>ג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>ד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>ה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>ו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>ז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אב ח</b></p> <p style="text-align: center;"><b>Erev Tisha B'Av</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אב ט</b></p> <p style="text-align: center;"><b>Tisha B'Av</b></p>	<p>Realize that today you feel closer to Hashem than you normally do and try to get some sense of how distant you really are from Him. Feel how high you can go when you disconnect from the things of this world (like eating, working, washing, wearing shoes, etc.) because then you have only the Upper World with which to connect. Mourn your loss of attachment to Hashem. Mourn your loss of awe (frozen, open-mouthed fear, trembling and wonder) toward the Torah and its mitzvos. Realize how much calmer you feel when you are removed from your usual gashmiustic involvements, and therefore figure out how being involved with them actually effects you. (Even though usually, while you are wrapped up in your regular worldly pursuits, it seems to you that they are the exactly-right things that you should be doing, nevertheless, a day like today can make you realize how far down they actually pull you.) Realize what your life is supposed to be like.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אב י</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אב יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אב יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אב</b> <b>יג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>יד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>טו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
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<p><b>אב</b> <b>יח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אב</b> <b>יט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אב</b> <b>כה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אב</b> <b>כט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"> <b>אב</b>  <b>ל</b>  <b>Rosh</b>  <b>Chodesh</b>  <b>Elul</b>  <b>Day One</b> </p>	<p>The month of Elul is one of the times set aside for doing tshuvah. But tshuvah is very hard to do unless you are able to honestly and continually face up to and remember your faults and inadequacies. That's probably why Hashem made the month of Elul a time of eis ratzone (a time of favor and grace from Above). Therefore, on each day of this month discuss with Hashem, out loud, all your failings, all your faults and all your failures, and in what areas and to what extent the yetzer hora still has a hold on you. And then, each day, after realizing how far you've already gotten and how much you and Hashem, in partnership, have already accomplished in fixing up these matters, ask Him to keep helping you so that together with Him you will do even more, and bring greater glory to His name.</p> <p>Rosh Chodesh is a special day. During Yaaleh V'yavo we recount what happens today – namely, the remembrances of us, of our fathers, of the Moshiach, of Yerushalayim and of all Jews ascend and appear in front of Hashem to receive goodness and grace and kindness and compassion and a good life and peace. Rosh Chodesh is also a day of forgiveness, so today, verbally confess to Hashem and do teshuvah on all of your bad middos, bad thoughts, bad desires and bad actions. If you want it to be, each Rosh Chodesh can be the start of a new direction for you or an intensification of the one that you're already on.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>אלול</b>  <b>א</b>  <b>Rosh</b>  <b>Chodesh</b>  <b>Elul</b>  <b>Day Two</b> </p>	<p>Rosh Chodesh is very similar to a Yom Tov. The only practical difference is that we are allowed to work on it. But the prayers that we say on Rosh Chodesh are the same as those we say on Yom Tov (yaalo v'yavo, mussaf) and the korbonos brought in the Beis HaMikdash were (and will be) the same type and number.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"> <b>אלול</b>  <b>ב</b>  <b>Start of</b>  <b>Selichos for</b>  <b>Minhag</b>  <b>Sefardim</b> </p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)  In what ways did Hashem test you or correct you today?  In what ways did Hashem afflict you today?  In what ways did Hashem take care of you today?  What new awarenesses did you have today?  What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אלול</b> <b>ג</b></p>	<p>While saying Selichos today, try to think of those things for which you want Hashem to forgive you, and those things for which you want Him to forgive all of clal Yisrael. Then, when Selichos are over, instead of rushing away or talking to your friends, take a little time and specifically ask Him to forgive you and us for each one of those things that you thought of.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>ד</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>ה</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>ו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>ז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אלול</b> <b>ח</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>ט</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>י</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>יא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>יב</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>יג</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p style="text-align: center;"><b>אלול</b> <b>ד'</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>טו</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>טז</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>יז'</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>יח'</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p style="text-align: center;"><b>אלול</b> <b>יט'</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אלול</b> <b>כ</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אלול</b> <b>כא</b></p>	<p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אלול</b> <b>כב</b> <b>Selichos</b></p>	<p>While saying Selichos today, try to think of those things for which you want Hashem to forgive you, and those things for which you want Him to forgive all of clal Yisrael. Then, when Selichos are over, instead of rushing away or talking to your friends, take a little time and specifically ask Him to forgive you and us for each one of those things that you thought of.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אלול</b> <b>כג</b> <b>Selichos</b></p>	<p>While saying Selichos today, try to think of those things for which you want Hashem to forgive you, and those things for which you want Him to forgive all of clal Yisrael. Then, when Selichos are over, instead of rushing away or talking to your friends, take a little time and specifically ask Him to forgive you and us for each one of those things that you thought of.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.)          In what ways did Hashem test you or correct you today?          In what ways did Hashem afflict you today?          In what ways did Hashem take care of you today?          What new awarenesses did you have today?          What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אלול</b> <b>כז</b> <b>Selichos</b></p>	<p>While saying Selichos today, try to think of those things for which you want Hashem to forgive you, and those things for which you want Him to forgive all of clal Yisrael. Then, when Selichos are over, instead of rushing away or talking to your friends, take a little time and specifically ask Him to forgive you and us for each one of those things that you thought of.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אלול</b> <b>כה</b> <b>Selichos</b></p>	<p>While saying Selichos today, try to think of those things for which you want Hashem to forgive you, and those things for which you want Him to forgive all of clal Yisrael. Then, when Selichos are over, instead of rushing away or talking to your friends, take a little time and specifically ask Him to forgive you and us for each one of those things that you thought of.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אלול</b> <b>יד</b> <b>Selichos</b></p>	<p>While saying Selichos today, try to think of those things for which you want Hashem to forgive you, and those things for which you want Him to forgive all of clal Yisrael. Then, when Selichos are over, instead of rushing away or talking to your friends, take a little time and specifically ask Him to forgive you and us for each one of those things that you thought of.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אלול</b> <b>כז</b> <b>Selichos</b></p>	<p>While saying Selichos today, try to think of those things for which you want Hashem to forgive you, and those things for which you want Him to forgive all of clal Yisrael. Then, when Selichos are over, instead of rushing away or talking to your friends, take a little time and specifically ask Him to forgive you and us for each one of those things that you thought of.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>

<p><b>אלול</b> <b>כ</b> <b>Selichos</b></p>	<p>While saying Selichos today, try to think of those things for which you want Hashem to forgive you, and those things for which you want Him to forgive all of clal Yisrael. Then, when Selichos are over, instead of rushing away or talking to your friends, take a little time and specifically ask Him to forgive you and us for each one of those things that you thought of.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>
<p><b>אלול</b> <b>ט</b> <b>Erev Rosh HaShonah</b> <b>Selichos</b></p>	<p>So this is it – the last day of the year. You did what you did, you accomplished what you accomplished, and you caused what you caused. Now all that's left is for you to be judged for it tomorrow. You lived through the blessings and the not-such-obvious-blessings that came during this past year – they were all the results of your actions from before. This coming year can be better – Hashem makes it all depend on you. Take today very seriously. And let some of that seriousness carry over into every day of next year.</p> <p>What advances (or declines) did you make from yesterday? (Include everything that you shouldn't have done or thought.) In what ways did Hashem test you or correct you today? In what ways did Hashem afflict you today? In what ways did Hashem take care of you today? What new awarenesses did you have today? What new chidushei Torah did you think today?</p> <p><b>MUNDANE MATTERS:</b></p>